



Welcome to The Wood

ZaneWood Recreation Center is a unique place that connects young people, young adults, and families with quality programs, services, and events. Open Monday-Friday from 1-9 PM and on weekends for rental opportunities.

- **Teen Zone:** Drop-in programs and activities Monday-Friday, 6-12th grade
- **Chess Club:** Meets Mondays and Fridays, 4-6 PM
- **Recording Studio:** Thursdays and Fridays, 4-6 PM
- **Open gym for teens:** Mondays, Wednesdays, and Fridays 6-8 PM

- **Open gym for young adults:** Wednesdays, 8:30-10 PM
- **TKO Knockout and Dance Team:** Ages 6-17, Mondays, Tuesdays, and Thursdays 6-8 PM
- **ZaneWood Dance Club:** Ages 6-12 and 13-18, Tuesdays and Thursdays, 6-8 PM

Scan the QR code to register:



ZaneWood.Rec.Center

@ZWREC

For up-to-date info on everything at The Wood, call 763-315-8444 or follow us on social media:

PREVENTION AND INTERVENTION SERVICES

We intentionally build positive relationships, develop connections, and provide services and resources to meet the needs of youth struggling with multiple barriers as they identify goals and pathways to their own success. Services include intensive case management, program and family support, school enrollment, social/emotional and basic needs support.

For questions, contact Kelvin Currington, Prevention and Intervention Specialist, at kelvin.currington@brooklynpark.org.

To connect a young person with services, or to join a group, please scan the QR code.



ZaneWood Recreation Center

Young Men's Group
Ages 13-17, Free

Mondays
4-6 PM

Young Women's Group
Ages 13-17, Free

Fridays
4-6 PM

18-24 Mentorship Group
Ages 18-24

Tuesdays
4-7 PM

Annex Teen Clinic at The Wood
Ages 13-18

Tuesdays
after school

Good in the Hood Food Program
Register onsite

Every 2nd Tuesday
12-2 PM

FUSION

ZaneWood is offering an exciting experience for children K-5th grade. Fusion programs include primary activities like sports, painting, jewelry making, gardening, or dance combined with elements of youth leadership and healthy living! This program is designed to be a well-rounded and enriching afterschool program your kids will love! Meals and snack provided.

ZaneWood Recreation Center

Mon-Thurs
4-6 PM
Sept 9-Dec 12



For more information and to register, scan QR code.



Get hyped for Rec on the Go! Our FREE program is rolling into neighborhoods all across Brooklyn Park! Calling all kids in grades K-5 (just make sure they're 5 by June 1, 2024).

This Fall we will visit three apartment communities bringing games, sports, crafts, and science. We're also teaming up with local community heroes for fitness, nature adventures, cooking, and challenges! And we've also got you covered with free munchies. Spread the word and let's make this fall one for the books!

Sept 9-Dec 12
4-6 PM



For more information and to register, scan QR code.

ARTS & ENGAGEMENT

YOUTH AND YOUNG ADULT MENTAL HEALTH AND WELLNESS 3-DAY RETREAT

Ages 5+

ZaneWood Recreation Center
Thursday, Dec 26 and Monday-Tuesday (Dec 30-31)
10 AM-3 PM
Free event

Limited spaces available, early registration is encouraged.

To register, call 763-315-8444 or stop in at The Wood!

LEARNING THE ART OF HENNA

Ages 16+

Norwood Park
Tuesdays, Nov 12-Dec 3
6-8 PM
Fee \$100

Join us for a 4-week workshop where you will learn the art of henna! You will learn the origin and history of henna art and culture.

Scan the QR code to register:



BROOKLYN PARK SPORTS DOME

The Brooklyn Park Sports Dome is a host site for sports activities including soccer, baseball, softball, football, lacrosse, ultimate frisbee, and much more. There are 3 batting cages designed for softball and baseball use. Pitching machines are available upon request. There is a walking track available at certain times throughout the day. Open Dome is on Fridays for the community at a small charge.

For more information on the dome, availability, cost, and to reserve space please scan the QR code:



OUTDOOR RINKS

Did you know there are outdoor ice rinks available in Brooklyn Park? Hockey and pleasure rinks are located at parks around the city with warming houses at some locations. Rinks are open mid-December through mid-February if weather permits.

Scan the QR code for more information.



BANQUET & EVENT RENTAL

Host your next event at the Community Activity Center! Whether you're hosting a small meeting or large celebration, we've got a space for you. Rooms feature audio visual equipment, microphone and sound system, tables and chairs, a large dance floor and more! And here's a bonus: We have an open catering policy for food! This allows you to bring your own food or choose your favorite caterer. Weekend reservations are booked 18 months in advance. Our banquet rooms fill up early, so be sure to plan ahead!

Please call 763-493-8333 or scan the QR code for more information:



OPEN GYM

Drop-in open gym time is available at ZaneWood Recreation Center!

Teen open basketball on Mondays and Wednesdays
5-8 PM (for free)

Young adult open volleyball on Wednesdays
6-8 PM (for free)

Young adult open volleyball on Sundays
9:30 AM-12:30 PM \$5 (fees are paid on site)



ADULT SPORTS - BASKETBALL LEAGUE

Be active and keep in shape with a weekly night of hoops at the Community Activity Center! This 5-on-5 league will play under National Federation rules. Each team will play 7-8 regular season games with a single elimination playoff to follow. Recruit your team now and register today!

Day of play: Wednesday evening
Regular season: Jan 8 - Feb 26
Playoffs: March 5 and March 12
Community Activity Center Gym (5600 85th Ave N)
\$600.00 per team

Scan the QR code for more information.



RENT SPACE AT ZANEWOOD RECREATION CENTER

There is a full multi-purpose room that comes with chairs, tables, serving kitchen, and access to outdoor basketball courts. The multi-purpose room holds up to 75 people. We would love to host your event to the highest standard and accommodate you in any way possible!

Please call 763-315-8444 for more information or to request a rental.

\$85 per hour for residents
\$95 per hour for non-residents



PARK BUILDING RENTALS

The City of Brooklyn Park offers park buildings for rent all year! Reserve one for your birthday party, scout group, meeting, or neighborhood gathering.

Call 763-493-8333 or scan the QR code for information.



RECREATION AND PARKS!

NOVEMBER - DECEMBER 2024

Programs, events, facilities, and services for all ages

HOW TO REGISTER FOR PROGRAMS

OVER THE PHONE:
763-493-8333
Have a credit card ready to register by phone and staff will assist you.

IN PERSON:
Community Activity Center,
5600 85th Avenue N
ZaneWood Rec Center, 7100
Zane Ave N

ONLINE:
www.brooklynpark.org/
registration
New! Search for programs, events, facilities, and services all in one place! Register online any time that works for you.

Set up an account today!



NOW HIRING

Apply now to be a part of the Recreation and Parks Staff. It's fun, but it's a real job! Learn 21st century job skills like communication, collaboration, critical thinking, and creativity. You can make a difference in the community through hands-on experiences that will help you grow as a person and a professional.

FIND SEASONAL JOBS ALL YEAR!

View current job openings and apply at:



FEE ASSISTANCE

ALL AGES

Fee assistance will reduce fees up to 75% for residents of Brooklyn Park who want to sign up for Recreation and Parks programs. The maximum is \$400 per person per year and is based on income and number of people in the household. Request assistance in person, over the phone, or at the time of registration. Our office staff can help you determine what reduction your family qualifies for. You will not be required to show proof of income, but your account could be audited any time. For youth-older adults.

For more information, please scan the QR code or call 793-493-8333.



FACILITIES, PARKS, PLAYGROUNDS, AND TRAILS

There's something for everyone in Brooklyn Park!

Enjoy golf courses, playgrounds, trails, an all-inclusive park, community gardens, dog parks, athletic fields, and much more. Rent a park shelter or a banquet room to host a celebration or special event. Host a tournament at one of the premiere athletic complexes. No matter what you are looking for, there is a place to play in Brooklyn Park!

For more information, please scan the QR code:



adults on the move

Meet people, explore new skills, and thrive in a fun social environment with others who share your interests! Join weekly social groups at the Community Activity Center Monday-Friday.

Keep an eye out for the quarterly Adults on the Move guide with complete information on trips, speakers, classes, resources, and more! To be added to the Adults on the Move mailing list, email your name and address to Kelly Becker at: kelly.becker@brooklynpark.org or call 763-493-8254.

For more information and to register, call 763-493-8333 or visit our website at brooklynpark.org/adults/

Holiday Luncheon
Thursday, December 12
11:30 AM – 1:30 PM
Fee \$20 | Activity #143003.73

Enjoy lunch and holiday music at the Community Activity Center. Register by December 5.

Music by: Legendary Percolators Band

Menu: Wild rice stuffed chicken breast with bordelaise sauce, served with red potatoes, salad, and dinner roll

SAVE THE DATE

Living Well Resource Fair
Friday, November 15
10 AM – 2 PM

Community Activity Center,
5600 85th Ave N

Brooklyn Park Recreation & Parks invites community members to the annual Living Well Resource Fair. A FREE open house to provide information and resources to support our Age-Friendly community and quality of life at all ages, stages, and abilities!

In the Grand Rooms find 40+ exhibitors that provide products, services, and opportunities for you to age well in place. The Gardenview Room will host light refreshments and speakers providing valuable information, including fraud protection, medication safety and the 10 signs of alzheimer's. This event is open to all community members, with exhibitors and speakers tailored to older adults, individuals with disabilities, and care givers.

AQUATICS & SWIMMING LESSONS

Registration for Winter Aquatics opens
Thursday, January 9, 2025, at 10 AM

Register online at www.brooklynpark.org, by calling 763-493-8333, or in person at the Brooklyn Park Community Activity Center, 5600 85th Avenue N.

SWIMMING POOL LOCATION

Saturday daytime:
Jackson Middle School Pool
6000 109th Ave. N, Champlin 55316

Monday & Tuesday evenings:
Brooklyn Middle School Pool
7377 Noble Ave. N, Brooklyn Park 55443

CLASS DESCRIPTIONS AND SCHEDULES

Recreation and Parks provides you and your family a safe and fun environment to learn to swim. Our swimming program is for ages 6-months to adults of all abilities. We follow the American Red Cross Learn-to-Swim guidelines. If you have questions, contact Cassidy at Cassidy.wester@brooklynpark.org

SESSIONS AND DATES:

January – March
Swim details available online!

SWIM ASSESSMENT DAY!

Are you looking to sign up for swimming lessons but are unsure of which level to register for? Brooklyn Park Aquatics is offering a FREE Swim Level Assessment Day on **Saturday, December 14 – 2:30-4:30 PM**. Swim Level Assessment Day is for new and returning families (ages 3-12) looking to be assessed on their swim skills. Swimmers will then be provided with the appropriate swim level to register for based on our program's affiliation with the American Red Cross Learn-to-Swim program. Join us Saturday, December 15 at the Jackson Middle School Pool – 6000 109th Ave N, Champlin 55316.

Register for a 15-minute time slot between 2:30 – 4:30 PM. Please arrive 10 minutes prior to your registered time to check-in and utilize the locker room. Be sure to pack your swimsuit, towel, and goggles as needed! Preregistration is required. Questions? Contact Cassidy at Cassidy.wester@brooklynpark.org



Winter swim details are available online! For information on rates and more, scan the QR code:

ADAPTIVE RECREATION AND INCLUSION SERVICES

Adaptive Fitness (Ages 13+)

This is an active fitness class that involves various fitness games and activities, modified for all abilities. We will focus on learning different exercises and techniques within a fun group dynamic!

Beauty Within: Adaptive Art (Ages 13+)

Explore your creative side in this art class! Participants will engage in guided art projects each day and socialize with peers in a fun and inclusive environment.

AquaFitters (Ages 5-14)

Lessons are held during a quiet pool time to minimize sensory overload and distractions. We focus on learning basic water safety and introduction swimming skills in an inclusive and supportive environment.

Aqua, Fun, Fit (Ages 15+)

Looking for a fun way to stay active in the water? Join our Aqua, Fun, Fit program to work on your swimming skills and engage in various games and activities with peers, modified for all ability levels.

Wednesdays, Nov 6 – Dec 18 (no 11/27)

4:30 – 5:30 PM
\$43.50 Residents | \$52.50 Non-residents

Community Activity Center

Thursdays, Nov 7 – Dec 19 (no 11/28)

5 – 6 PM
\$43.50 Residents | \$52.50 Non-residents

Community Activity Center

Tuesdays, Nov 12 – Dec 17

5:15 – 5:50 PM
\$66.00 Residents | \$79.50 Non-residents

Brooklyn Middle School Pool

Tuesdays, Nov 12 – Dec 17

6 – 6:40 PM
\$66.00 Residents | \$79.50 Non-residents

Brooklyn Middle School Pool



To learn more about Brooklyn Park Adaptive Recreation programs and to register, scan the QR Code.

Questions? Please contact Erin Bonikowske, Adaptive Recreation Specialist, at erin.bonikowske@brooklynpark.org or call 763-315-8462.

REACH FOR RESOURCES ADAPTIVE RECREATION PROGRAMS

Join us for a festive party where you can unleash your creativity by making ornaments, test your luck with exciting rounds of bingo, and immerse yourself in the joyful spirit with holiday music while indulging in hot chocolate. It's the perfect way to embrace the holiday season!

Holiday Jamboree (Ages 14+)

Thursday, December 19
6 – 8 PM
\$15 Resident | \$17 Non-residents

Brooklyn Park Community Activity Center Grand Rooms: 5600 85th Ave N.

For more information and to register for Reach Adaptive Recreation programs, please call 952-200-3030 or visit www.reachforresources.org



BROOKLYN PARK RECREATION AND PARKS INCLUSION SERVICES

We welcome people of all abilities to participate in our recreation programs! Please let us know if you require an accommodation specific to a disability-related need, a behavioral support, an allergy, or other need for inclusion services. Please register early to allow adequate time to process requests.

FITNESS

Daytime active adult classes

SILVERSNEAKERS' YOGA (Intensity: 2)

DAY	TIME
Mondays	10 – 10:45 AM
Wednesdays	10 – 10:45 AM

CARDIO STRENGTH (Intensity: 4)

DAY	TIME
Mondays	9 – 9:45 AM

ZUMBA GOLD® (Intensity: 4)

DAY	TIME
Wednesdays	9 – 9:45 AM

SILVER STRENGTH & CORE (Intensity: 5)

DAY	TIME
Tuesdays	9 – 9:50 AM
Fridays	9 – 9:45 AM

SILVERSNEAKERS' CLASSIC (Intensity: 2)

DAY	TIME
Tuesdays	10 – 10:50 AM

SILVERSNEAKERS' DANCE/ZUMBA (Intensity: 5)

DAY	TIME
Fridays	10 – 10:50 AM

Evening fitness classes

AFROBEATS DANCE WORKOUT

DAY	DATES	TIME
Wednesdays – Youth	October 2 – November 27	3:30 – 5 PM
Wednesdays – Adult	September 11 – November 6	7:15 – 8:15 PM

Register Online with the AfroContigbo Group for your session(s) at the Brooklyn Park Community Activity Center – drop-in's welcome! Scan the QR code for more information and to register.



HATHA YOGA

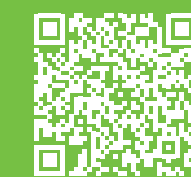
DAY	DATES	TIME	FEE	ACTIVITY #
Tuesdays	November 5 – December 17	5 – 5:45 PM	Membr/\$63/\$75	149102.73
Tuesdays	November 5 – December 17	6 – 7 PM	\$63/\$75	149102.74

Bring a water bottle and wear tennis shoes for class. Classes are held inside the Community Activity Center.

Indoor pickleball

October-May at the Community Activity Center, Armory Gym. \$3 per individual or \$11 per family or OnePass, SilverSneakers, Silver&Fit, RenewActive can be used to play Pickleball in the gym this year. You must scan your card at the front desk to play.

Recreational and Competitive players are welcome! For more information and to view the weekly play schedule, scan:



SPORTS

YOUTH SPORTS & GYMNASTICS

Want to try a sport but don't want a huge commitment? Check out our intro sports classes! Learn basic skills in a small group setting with other kids at the same level. Play games and have fun with our coaches and make some friends along the way!

Lil Tykes Family Sports (Ages 2-3)

Tiny Tot Sports (Ages 3-4)

Peewee Soccer (Ages 4-6)

Youth Soccer (Ages 7-10)

Peewee Basketball (Ages 4-6)

Youth Basketball (Ages 7-10)

Gymnastics for beginner, intermediate, and advanced gymnasts (Ages 3-14)

SKATING LESSONS

Learn to skate year-round at the Brooklyn Park Community Activity Center through the Learn to Skate USA program. You'll enjoy a fun experience that and develop a lifelong love of skating. Lessons are taught by Professional Skating School instructors through skill progression that provides all skaters tools to reach their recreational or competitive goals. Each class includes a 30-minute lesson and 30-minute practice time. Skate rental is available at no charge. Register today!



Scan QR Code for class information and schedule:



Scan the QR Code for more information:

Frosty Fun on the Farm Camp (ages 5-12)

January 2 – 3
8:30 AM – 5 PM
\$75 Residents | \$80 Non-residents

Willowstone Park Building

Join us for a two-day winter break camp at Willowstone Park featuring field trips to the Historic Eidem Farm! Kids will enjoy exciting activities like snowshoeing, kick sledding across the snow, and building epic snow forts. Campers will enjoy delicious hot cocoa from scratch and engage in fun winter themed crafts.

Registration opens: Friday, October 25.
Registration fee: \$10 Residents/ \$15 non-resident
Look for Summer Camp 2025 registration information online mid-December!

Scan the QR Code for more information:



Argentine Tango Foundation Workshop (NEW!)

Sunday, November 24
12 – 2 PM
\$30/couple

Zanewood Recreation Center

Tango Curious? This 2-hour peek into Argentine Tango is designed to introduce new dancers to this lovely and complex dance. Couples will learn the embrace, the walks, common movement variations in the social style, and a little musicality. Get a taste of tango and see if you want more. All couples and abilities welcome.

Teacher: Rebecca Abas – owner of 4 Seasons Dance studio and Tango Dancer since 1999.

To register, call 793-493-8333 or scan the QR code:



EVENTS

BROOKLYNS HMONG NEW YEAR

Nyob zoo xyoo tshiab! Celebrate Hmong New Year at the Community Activity Center. This event features food from a local Hmong-owned restaurant, along with cultural performances.

Saturday, December 14
5 – 9 PM

Community Activity Center,
5600 85th Ave N



Scan QR Code For more information and tickets:

COMMUNITY BAND HOLIDAY CONCERT

It's the most wonderful time of the year! Celebrate the season with live music from local big band, the Brooklyn Community Band. This is a FREE event, no registration required.

Monday, December 9
7 – 8 PM

Community Activity Center,
5600 85th Ave N

AN EIDEM FARM CHRISTMAS

Save the date to celebrate the holiday season at An Eidem Farm Christmas! This is a FREE event complete with carolers, winter crafts and activities, cooking demos, and more!

Sunday, December 8
11 AM – 3 PM

Historic Eidem Farm,
4345 101st Ave N