

Are you ready to stay home alone? Take this test to find out!

1. Do you know your full name, parents full name, address and important phone numbers?
2. Do you know how to contact your parent or another responsible adult by phone? Do you have a list of important and emergency numbers near the phone?
3. Do you know when and how to call 911? Do you know the difference between a problem (you are scared, disagreement with your sibling) vs. an emergency (a fire, break-in, medical emergency)?
4. Do you know how to enter your home on your own if the house is locked or do you know what to do if you are locked out?
5. Do you know what to do if there's an Emergency Situation like: a fire, power outage, a bee sting, a sister who's choking, a knock at the door, an allergic reaction, a natural disaster (tornado, flash flood)?
6. Do you know basic first aid and where first aid supplies are kept in the home?
7. Can you respect and follow the house rules set by your parent/guardian?
8. Can you take care of your basic needs, such as snacks, drinks, homework, etc. while still following the house rules? Are you able to entertain yourself if you don't have homework?
9. Can you and your sister or brother get along and resolve disagreements if you are home alone together?
10. Do you feel comfortable or fearful about staying home alone?

Maybe you are a home-alone pro and answered yes to all the questions. Good going! Now you can take it even farther and make sure you know how to be safe during your time alone. If you answer "No" to any of these, talk to a parent about some solutions that will help you get prepared. If you have worries about being home alone, it's really important to speak up about them, even though it may cost money to get a sitter or your parent may have to rearrange his or her schedule.